



Round Tower

The free monthly newsletter for Cuddington, Sandway & Delamere Park. Provided by your Parish Council

Also at: www.candsonline.org

To receive it by email contact the editor at: rreditors@gmail.com

September
2017
No 269

CARING NEIGHBOURS IN CUDDINGTON, DELAMERE PARK AND SANDIWAY

Response from the Village Plan Implementation Group

Three years ago The Village Plan Survey asked a number of questions about facilities in the villages of Cuddington, Delamere Park and Sandiway.

One question asked: Should there be more support for isolated individuals? 82% of respondents agreed that there should be more support.

Another question asked: Should there be more parent support groups? 37% of respondents agreed that there should be more parent support groups.

For the last year The Village Plan Implementation Group have been exploring what support already exists for isolated individuals and parent groups. The good news is that there are a number of organisations and individuals already providing much needed support in our community. They include national charities such as the Red Cross, Age Concern and The Royal British Legion and also local charities and groups such as St Luke's Hospice, The Carers Trust and Churches. The churches within our locality provide a very diverse range of support groups, meeting places and visits for individuals. Our local library also organises several weekly events aimed at providing social opportunities for people with a range of interests.

Alongside all of this we are aware of the many individuals who befriend neighbours and give up either a few minutes every day or some time each week to provide help, either practically or socially, to others. We are very fortunate in our locality to have many caring people who want to support others.

Many communities in Cheshire or nationally are now developing schemes that bring together volunteers and identify residents who may need support. These schemes are referred to as "Good Neighbours" or "Befriending" or "Compassionate Communities". A common goal is to encourage overall neighbourliness and regular giving of very small amounts of time by the majority of people in communities to expand upon and reduce reliance upon the dedicated efforts of a few.

Please let us know what you think about the need for and potential impact of such a scheme for Cuddington, Delamere Park and Sandiway. It may be that you:

- ♦ have ideas about how a scheme could be developed, or
- ♦ you may know of isolated or vulnerable people in the community who are not being reached by the current support organisations, or
- ♦ you may have skills or time to support others, or
- ♦ you may already be providing support within the community and wish to let others know.

Please respond to this news item with feedback directly to Trish Nancollis:

by phone: 07723 072549 or by emailing: nancollis@aol.com

We will be collecting views until 18th September.

HAVE YOUR FLU VACCINATION AT SANDIWAY SURGERY

There will be 2 clinics at Sandiway surgery. To attend one of these you must be already registered with Danebridge Medical Centre at Sandiway Surgery. You must also be eligible for a flu vaccination either because you are over 65 or because you have a chronic medical condition. In this case you will have been contacted by the surgery.

Clinic times: Thursday 21st September and Thursday 28th September, 1pm until 4.45pm. Clinics are also being held at Danebridge Surgery on Saturday 16th and 23rd September and Saturday 7th October .

Children will need to attend the session at Danebridge surgery on Saturday 7th October.

Pre booking is essential for all clinics.

A GOLD WEDDING RING HAS BEEN FOUND ON THE BRIDGE OPPOSITE CUDDINGTON SHOPS. IF YOU THINK IT IS YOURS PLEASE CALL 01606888366

PARISH COUNCIL NEWS

The next meeting of the parish council will take place at the village hall on Monday September 18th at 7.15pm. There is no meeting in August. A Public Forum will take place during the meeting when residents can put questions to the council. This will be very soon into the meeting and residents should still aim to arrive at 7.15.

Contact the parish council via their e-mail: clerktoipc@hotmail.co.uk, call 852444 during office hours, or write to: Julie Chrimes, Clerk to the Parish Council, Sunnyside, Withens Lane, Weaverham, CW8 3HX

Agendas and Minutes of meetings can be found at; www.candsonline.org

REGULAR ACTIVITIES AT THE LIBRARY

Rhymetime	Tuesdays	11 - 11.30am
Storytime	Tuesdays	3.30 - 4pm
Duplo Club	Thursdays	10 - 12 noon
Lego and Duplo Club	Saturdays	10 - 12 noon
Knit and Natter	Thursdays	2 - 4pm
Chatty Crafters	Fridays	2.30 - 4pm
Friday Book Club	second Friday of the month, 10am.	
Petty Pool Café	returns Thursday 21st, 10 am - 12.30pm	
Summer Reading Challenge Award Ceremony		
Saturday 16th, September, 12 noon		

TODDLER GROUP

St John's Church Hall

Mondays and Wednesdays,
10am-11.45am (term time only)

Play, craft activities and singing
for babies and pre-schoolers.

Drinks and snacks available.

Only £1-50 per family.

Contact Angela Smith

Email: sandctoddlergroup@yahoo.co.uk
or ring 07598 267344

IYENGAR YOGA CLASSES

St John's Church Hall

Beginners - Saturday, 1-2pm

Over Sixties - Tuesday, 10.45-11.45am

Beginners, Friday 2-3pm, starting soon

For information and booking ring Karen:

07977 298991 or email: karenbyoga@gmail.com

St John's in September

FAMILY BBQ

Saturday 9th September, 5-8pm

St John's church hall.

Bring the whole family for BBQ and games,
suitable for all ages.

£5 per person (under 16s £2, under 5s free).

Feel free to bring your own drink.

No need to book, just come along!

MACMILLAN COFFEE MORNING

At The Ark Cafe

Friday 29th September, 10-12noon

PRAYER WEEKEND

Saturday 16th & Sunday 17th September,
10-4pm

MACMILLAN CANCER SUPPORT

WORLD'S BIGGEST COFFEE MORNING

Saturday 23rd September, 10am-12noon

Delamere Park Clubhouse

Gifts, Cards, Jewellery, Toiletry stalls
and much more

Tickets £3, available at the door

CUDDINGTON & SANDIWAY TENNIS CLUB

Family Tennis Tournament Saturday 16th September

A fantastic opportunity for an adult (age 18+) and a Junior (born on/after 01/09/06) from the same family to play together in a fun informal tournament. Only one of the pair entering needs to be a club member.

The fun kicks off at 1pm prompt on **Saturday 16th September** – to register your entry please email robfrayer@sky.com with the names of the entrants by 10/09/17 or sign up on the form in the clubhouse

SATURDAY JUNIOR CLUB is back on Saturday 9th September. Our coach John Whitehall will be on the courts with our juniors on a Saturday morning. Come down and give tennis a go

9am: 5-8 years ~ 10am: 9 years + £3 for non-members ~ £1 for members

Any queries, please call/text 07753472834

HOMEWATCH

Contact the police on 101. For emergencies only use 999

Non emergency contact with Northwich Police - northwich.lpu@cheshire.pnn.police.uk

Alternatively ring 101 and ask to be put through to your local neighbourhood officer. This may be an answer phone service. Your call will be returned.

To report a crime anonymously – Crimestoppers on 0800 555 111

You can also call Action Fraud on 0300 123 2040

VILLAGE HALL TIMETABLE OF ACTIVITIES (Weekly unless other information given)

- Monday** 10-11am, **Chair-a-size**. C Britton, 07932 772467, trailsforall1066@gmail.com
9.30-5pm, **Joe the Transformer**. 2nd Monday Monthly. joe@thetransformer.co.uk
10am –2.00 pm, **Beading**, 3rd Monday Monthly. A Robinson 01606 888475
drobinson334@btinternet.com
12.30-4.30pm, **Round Tower Bridge Club**. F Town, 01606 853918
5.15 & 6.30pm, **Yoga**. T Cohen, 07754 434350, tab@yogaincheshire.com
8-10pm, **Table Tennis Club**. Sept-May. E Hulm 01606 883252,
elainehulm@talktalk.net
- Tuesday** 9.30-10.30, **Pilates**. L Comley 07761 122134, LouiseCross@hotmail.com
9.30-11.30, **Intermediate German**. (term time only) Gill Bruce, 07876 058934,
gillmbruce@gmail.com, www.frenchandgermanincheshire.co.uk
11.45am -1.15pm, **Tai-Chi for Health**. D Bowler, 01606 784715
infor@taichiforhealthincheshire.com
1.30-2.40pm, **Yoga**. T Cohen, 07754 434350, tab@yogaincheshire.com
5.45–7.45 pm, **1st Sandiway Brownies**. (term time only) K Walker 07772 277115
Katie.sandiwaybrownies@gmail.com
8-9pm, **Iyengar Yoga Class for Beginners**. Karen Polshaw, 01606 301793,
07977 298991 Karen@polshaw.fsnet.co.uk
- Wednesday** 9.30-10.30am, **Pilates**. L Comley, 0776 1122134, LouiseCross@hotmail.com
10.30-12.30pm, **Cheshire Lacemakers**. A Haskins, 01606 882976,
ahaskins@talktalk.net
10.45am-12.15pm, **Mambo Mamas**. (term time only), baby friendly Latin dance
inspired fitness programme. 50 minute exercise & 30 minute coffee morning.
Contact Louisa, 07970 223342, loucolly@yahoo.co.uk
1.30pm-3.00pm, **Breathing Space Yoga**. Mum & Baby Yoga (term time only).
Sarah Clover, 07977 093373, www.breathingspace-yoga.com
6-7pm, **Blue Dragon TaeKwon-Do**, Cuddington Branch, Children's Class.
A Walkinshaw, 07890 399994, al@bdtk.co.uk
- Thursday** 7.30pm, **Film Club**. 2nd Wednesday Monthly. September to April only.
9.30-10.45am, **Breathing Space Yoga**. (term time only) Sarah Clover,
07977 093373, sarah@breathingspace-yoga.com , www.breathingspace-yoga.com
9.25am-12.30pm, **WEA History**. B Percival, 016065 42116
1.00-4.30 pm, **Cuddington & Sandiway Women's Institute**. Second Thursday
Monthly. M Ashton, 01606 883627, john@jashton.plus.com
2-4pm, **Afternoon Tea**, 1st Thursday Monthly (not January). All welcome.
5.00–6.00 pm, **Rainbows**. (term time only) V Relf 07921 841280
Victoria.e.relf@gmail.com
6.00-8.00 pm, **3rd Sandiway Brownies**. (term time only)
C Battersby, 01606 883769, 07580 551381, Clare.battersby@btinternet.com
8.-9.30pm, **General Iyengar Yoga Class**. Karen Brindle, 01606 3017930 or
7977 298991 Karenbyyoga@gmail.com
- Friday** 9.30am-12.30pm, **WEA Music**. B Percival, 016065 42116
11.45am-1.00pm, **Moo-Music**. Jenny McShane, 07731 757420
jenniemoo@moo-music.co.uk
9-12noon, **Totting Up**. (term time only) V Brand, 07919 117412,
victoriajanebrand@hotmail.com
6.15-7.45pm, **Blue Dragon TaeKwon-Do**, Cuddington Branch, Adults' class.
A Walkinshaw, 07890 399964, l@bdtk.co.uk
7.30-9.45 pm, **Mid-Cheshire Ornithological Society**. (2nd Friday monthly,
Oct – Apr) H Fielding, 01606 882529
- Saturday** 9.30am-12.45pm, **B&G Ju Jitsu**. (term time only) B Clewes, 01606 551552

SANDIWAY PANTOMIME GROUP are proud to announce that their 2018 production will be Sleeping Beauty by Mike Stevenson and Phil Hosker, regular writers for the group.

Preparations will commence with a Read Through on Sunday October 1st from 2-4pm. Auditions will be on October 8th from 2-5pm and Casting on October 15th. All budding actors, backstage crew and other helpers very welcome. They are particularly looking for a MUSICAL DIRECTOR to lead all the musical aspects of this production.

For further details, please contact Bob Barker on 01606 882956 or Jim and Wendy Wren on 01606 883955
www.facebook.com/SandiwayPantomimeGroup



Dates for your diary

- Tues Sept 5th **Cuddington & Sandiway Methodist Wives**, 7.45pm, Methodist Schoolroom. Speaker: Pat Huxley - Time Travel Through Cheshire. Visitors welcome, £2
- Wed Sept 6th **Music Train** - Port Sunlight Sea Dogs on 1926 to Plumley and then at the Golden Pheasant. Return on 2208 from Plumley. Just pay train fare
- Mon Sept 11th **Northwich Family History Society** - 7.30pm, Methodist Church Hall, Hartford. Speaker: Rina Tillinger - Tiptoe through the Tombstones. Contact Dave - 01606 624215
- Mon Sept 11th **Weaver Probus** - 10.30am, Owley Wood Club, Weaverham. Speaker: Gemma - History and Science of Prosthetics. Further information from: 883450
- Tues Sept 12th **English Speaking Union**, 12 for 12.30pm Portal Premier Golf Club, Forest Road, Tarporley. AGM. Speaker: Carol Allen - Amphitheatres and Gladiators. Booking necessary. Please contact Valerie Mais: 01606 76534 or, valerie@mais.demon.co.uk
- Tues Sept 12th **Eddisbury Flower Club** - 2pm, St John's Church Hall. Demonstrator: Jackie Walker - Looking Forward to Autumn. Visitors welcome, £5 For further details: 01606 883473
- Tues Sept 12th **Sandiway & Cuddington Royal British Legion**, 7.45pm, White Barn
- Thur Sept 14th **Cuddington and Sandiway W I** - 1.45pm, Village Hall. Speaker: Profesor Ian Morison - Are we Alone? The Search for Life Beyond Earth. Competition - an old map For further information ring 01606 888446
- Fri Sept 15th **Messy Church**, 4-5.30pm - St John's church hall – fun for all families, with crafts, celebration and food! Entrance free: donations welcome to cover cost of food. For more details, contact Emma: emma.stjohnsandway@gmail.com
- Sat Sept 16th **RBL Women's Section** - Trip to Boundary Mill. Non members welcome. £14. Booking necessary, contact Mrs S Mutton on 888339
- Mon Sept 25th **Weaver Probus** - 10.30am, Owley Wood Club, Barrymore Road, Weaverham. Speaker: Neil Sheldon - Alan Turing
- Tues Sept 26th **Royal British Legion Women's Section** - 2pm, Methodist Church Hall. Beetle Drive
- Saturdays **St John's Church** is open from 10am-12noon. Coffee & cake available (no charge). Come and enjoy some time in this beautiful setting.
- Fridays **Ark Cafe - School holiday opening times** - 10am-2pm. Freshly ground coffee, locally made cakes, Soups, sandwiches and Wraps available from 12-2pm. Entrance at the side of St John's church hall
www.facebook.com/arkcafesandiway

RAILWAY LINES Please check before you travel: www.northernrail.org, or **0800 200 6060**

Most Sundays until the end of October: travelling beyond Manchester Oxford Road, you may need to change or trains may be diverted. Check, as arrangements vary from week to week.

VILLAGE HALL NOTICEBOARD

Afternoon Tea - Thursday 7th September, 2pm - 4pm. Come along for tea, cakes and chat.

Film Night is back - Wednesday 13th September, at 7.30pm

La La Land - Hollywood musical love story starring Emma Stone and Ryan Gosling
£3.50 including refreshments. Everyone welcome.

250 Club winners - August Draw

1st prize £40 winner - member number 92 of Norley Road

2nd prize £20 winner - member number 3 of Moorlands Park

Visit; www.cuddingtonandsandiwayvillagehall.org.uk for enquiries, bookings, to join the 250 club or see the timetable of regular events (please contact organisers before attending)

Alternatively see Village Hall Noticeboard by the Car Park Entrance or ring 888366 or 888931.



Copy for the next issue should be emailed to; rreditors@gmail.com or left at one of the collection points, the Library or JD's Hair Shop, by Friday September 15th